

Rochedale Central Childcare _ Nursery/Tiny Tots

Children who attend a high quality early learning program in the years before school are up to 40% ahead of their peers before they reach Year 3.

University of Melbourne

Reading and Writing

Sharing rhymes, poems and songs and encouraged to join in
Looking at range of picture books
Storytelling about favourite toys pets, books
Sing and recite songs – a sailor went to sea, sea, sea
Playing games e.g. bat/cat
Clap hands for each syllable and identify words that begin with same sounds

Art, Design, Music, Drama

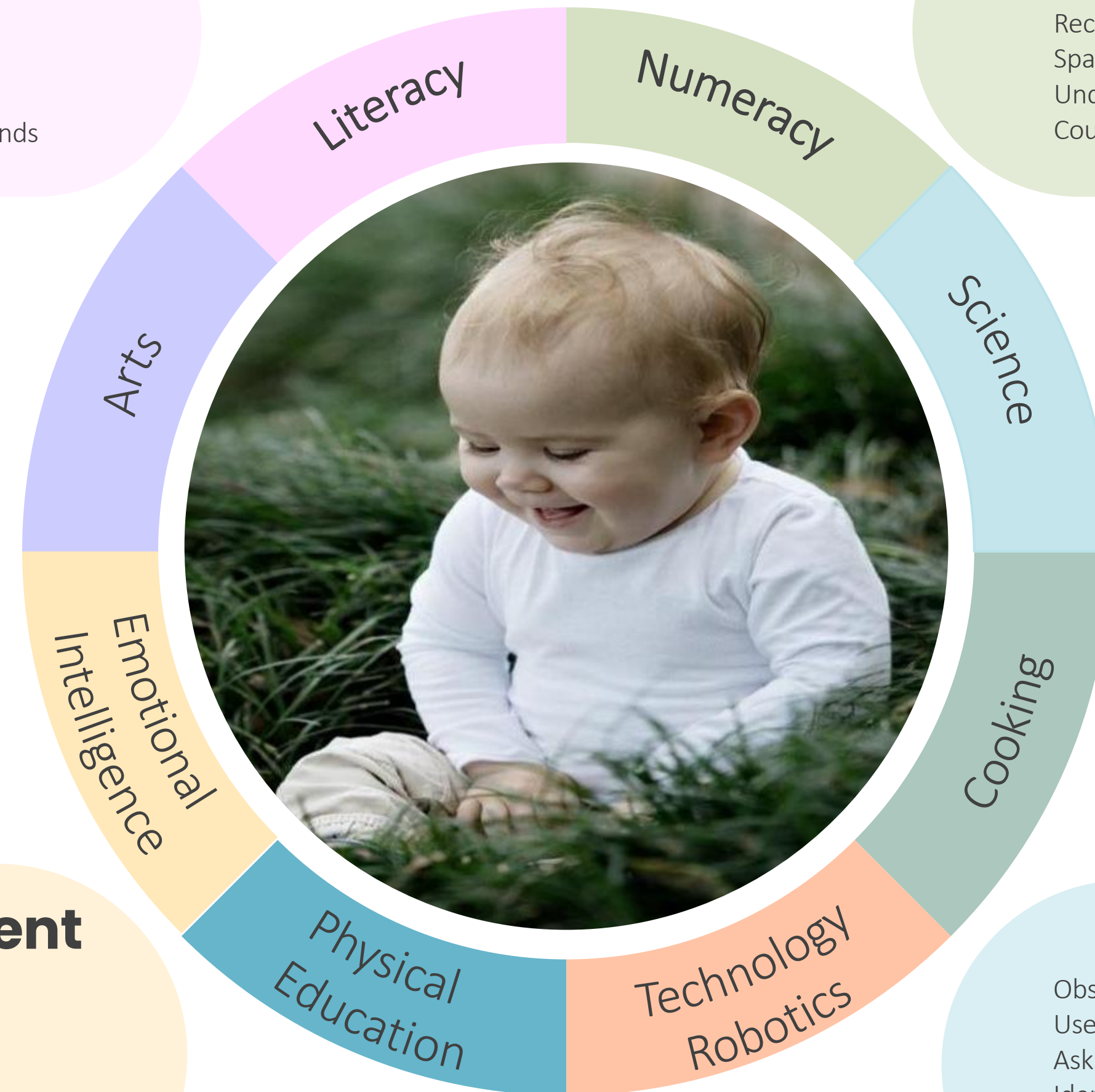
Use a range of materials drawing, painting, sculpture
Develop understanding of shape, form and space
Sing songs, play tuned & untuned instruments
Listen & understand live and recorded music -make sounds
Tell stories through performance & watching

Health – Dance – Yoga

Participate in team games
Perform dances/performances using multi-step movements
Yoga/meditation
Balance, agility, co-ordination – gross motor skills
Daily individual baby massage sessions

Social & Emotional Development

Recognise emotions via crying and smiling
Self regulation through soothing routines and responsive interactions
Recognise non-verbal cues
Social referencing through empathy – use and understand facial expressions
Address secure attachment and resilience



Number and Measure

Learn through attributes like colour, shape or purpose
Recognise repeating patterns, such as songs and routines for number order
Recognise quality in a small set of objects
Spatial relationships – under, next to
Understanding words like big/small, heavy/light and understanding meaning
Count in songs

Cooking

Follow simple tasks and instructions for cooking
Hands on - wash, stir, pour, measure, tear, squash, rolling, shaping, cut
Nutrition education and food trialling/Foods from around the world
Use numeracy and literacy skills in cooking activities

Technology and Robotics

Digital story telling
Educational apps for problem solving and creativity
Use coding to sequence actions/commands to robots and
problem solve Zoom with other centres in Australia and World

Understanding Your World

Observe and comment on things they see
Use senses to gather information about the world such as noticing different textures
Asking and exploring “why” and “how” – eg pushing a button makes a noise
Identifying colour, shape, size, sound and texture
Problem solving through puzzles
Observing everyday phenomena such as light, sounds and effects of gravity